


# EQ™

# SHAKE

healthy meal replacement



 It's in our nature

# EQ SHAKE

EQ Shake is a unique full meal replacement that provides 212 kcal mixed with low fat milk. The product is exclusively made from the finest raw materials and ingredients, and contains 50% high quality protein (25 g per meal), BCAA (branched chain amino acids), 12 vitamins, 11 minerals, complex carbohydrates with a low GI, fiber and essential fatty acids.

A complete meal is a meal that provides all the right nutrients to all the different types of cells in the human body in exactly the right measurements. It should always contain 4 factors: proteins, carbohydrates, fats and vitamins.

EQ Shake has significant advantages over ALL well-known meal replacements available on the market today. One of the main differences is the percentage of protein and the amount of sugar. EQ Shake contains 50% protein and is naturally sweetened with extracts from the Stevia plant.

## HIGH-QUALITY PROTEIN

We have used only high-quality protein with the highest biological value - a mixture of whey protein isolate (95% protein), added soy protein isolate and casein protein, as these cover some beneficial effects that whey does not supply. This is the optimal composition that insures a

steady supply of amino acids throughout a longer period of time and simultaneously provides you with nutritious plant proteins with antioxidant properties that promote muscle recovery after exercise.

## EQ SHAKE IS:

- Calorie controlled to help you fight off unwanted weight.
- Packed with protein to build a fat-free body mass.
- The high level of protein contributes to the sensation of fullness and minimizes snacking during the day.
- Added 12 vitamins and 11 minerals.
- A simple solution that contributes to weight loss and management.
- The product is exclusively made from the finest raw materials and ingredients. Developed as a complete meal (meal replacement).



### GOOD FOR YOUR ENERGY

Contributes to normal energy-yielding metabolism, contributes to a reduction of tiredness and fatigue.



### GOOD FOR YOUR MUSCLE FUNCTION

Contributes to normal muscle function.



### GOOD FOR YOUR NERVOUS SYSTEM

Contributes to normal functioning of the nervous system.



### GOOD FOR YOUR IMMUNE SYSTEM FUNCTION

Normal immune system function and protection of cells from oxidative stress.



### GOOD FOR YOUR BONES, SKIN, TEETH & VISION

Contributes to normal collagen formation for the normal function of **bones, cartilage, skin and teeth**, normal **absorption/ utilisation of calcium and phosphorus**, maintenance of normal **skin and vision**.



### GOOD FOR YOUR BLOOD

Contributes to normal **blood clotting**, normal formation of **red blood cells and haemoglobin**, normal **oxygen and iron transport** in the body, increases iron absorption, normal collagen formation for the normal **function of blood vessels**, normal blood **calcium levels** and maintenance of normal **blood pressure**.



### GOOD FOR YOUR COGNITIVE & PSYCHOLOGICAL FUNCTION

Contributes to normal cognitive and psychological function.



### SWEETENED WITH STEVIA

No artificial sweeteners. Sweetened with extracts from Stevia plant.

Salt-free. No artificial colours. No artificial preservatives. No gluten or GMOs. Low GI.



### TESTED FOR BANNED SUBSTANCES

Tested for banned substances and approved by Cologne List®. koelnerliste.com

\*The claims have been organized in sections which describe body functions dealing with same or complementary issues. See all claims on eqology.com

## Your EQ Business Partner

Name:

EQ ID:

Mobil:

eqology.com



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